TAEKWON-DO

Taekwon-do is the Korean martial art of self defense. It is not Karate. Karate is the Japanese word (properly Karate-do) which means the same thing. It was developed in antiquity by peasants, monks and other humble folk to protect their lives and property against the ruling classes who denied them conventional weapons. The ruling classes had found that it is much easier to oppress those who cannot defend themselves. That is still true today. Literally translated, Taekwon-do means the art of open hand and foot fighting. The class offered as a program by the EAA is taught daily during posted hours. The Chief Instructor is 4th Degree Black Belt

STATINTL

- --Students of all ranks are accepted.
- --Classes run continuously the year round.
- --Uniforms are not required for the initial classes, but may be purchased through the club for a reasonable fee.
- --Students may be tested for promotion after periods of training no less than 24 hours (16 classes).
- --Testing fees of \$10 are payable to the Testing Authority and include rank belt when applicable.
- --In Taekwon-do the principal instructor is addressed as <u>Sahbum</u> (Sah boom).
- --All other Black Belt instructors or aides are addressed as Mr., Mrs., or Ms.
- -- No smoking, chewing of gum, candy, etc. is allowed in the Do-chang (training hall) before, after or during class.
- -- Guests are welcome.